





NEWSLETTER



Connect@pcfyork.co.uk



Join us at our upcoming coffee mornings and events

Parent Carer Voice



Thursday 18th Sept 2025 10:30am-12pm, Clifton Green



On the third Thursday of every month we hold a meeting in a private booked space. We offer an opportunity for you to discuss any issues you are having and talk about family life. No judgement, lots of understanding and support in a safe place.

Parent Carer Wellbeing



Tuesday 7th Oct 2025

10.30am-12.00pm, New Earswick Folk Hall

On the first Tuesday of every month, we host a meet up which is focused on keeping it light. This is an opportunity to connect with other parents and carers, have a giggle, share some positives, maybe learn a new craft - and enjoy a cuppa on us!

6.30pm - 8pm, Online





Please email Mary for the meeting link: connect@pcfyork.co.uk

Cuppa and Chat





On the first Monday in every month we host an online offer for parents and carers who struggle to attend in person meet ups. There is no agenda, just an open invitation to come along, connect with others in our community, share, celebrate, offload or ask questions.

Please email Mary for the meeting link: connect@pcfyork.co.uk

Listening Events





October 2025

6:30 pm - 7:30 pm, Online

Monthly during term time we host informal listening events with key speakers, on topics and services which are relevant to our community of parent carers. The date of our next Listening Event is to be arranged for October.

Please join our Facebook group to be notified of the dates as soon as they are confirmed.

JOIN THE PCF YORK FACEBOOK GROUP















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Humber and North Yorkshire

LIVING WELL NEWSLETTER



Scan or click the OR code to read the latest Living Well Newsletter.



The Raise York website is for parents, carers, children, young people and anyone who works with children, young people and families. It is useful for finding activities, clubs, groups and things to do for children and young people aged 0-25 in York, including those aimed specifically for children with special educational needs and disabilities.

YORK sendiass

Impartial and confidential information, advice and support for parents, children and young people.

Visit the York SENDIASS website and follow us on Facebook.



Register with York Carers Centre and let the team know how they can support you.



enquiries@yorkcarerscentre.co.uk



01904 715 490

SEND Central Launch!

Please come along to join us at the launch of York's new hub for families of children with Special Educational Needs and/or Disabilities (SEND).



Saturday 20th September 10am - 12pm















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Autism Support for Parents

Support for parents from the Specialist Teaching Team for Autism.

In-person drop-in support.

No need to book, just come along and meet a Specialist teacher and Specialist TA from the Autism Team. Meet other parents to discuss general issues and concerns, find information and look at useful resources.

In-person sessions take place on Wednesday afternoons, between 1.30pm and 2.30pm, at the YIKS All About Autism Hub, at the Clifton SEND Central Hub, YO30 6BF.

Upcoming dates:



- Weds 17th September
- Weds 24th September
- Weds 1st October

Morning phone line sessions.

To book a 20 minute phone call within the sessions below, please email: parentcarerautismsupport@york.gov.uk with your name and a contact telephone number for us to call you on. Bookings close the Thursday before the session.

Telephone support sessions take place fortnightly between 9am and 12 noon. The booking email address is for telephone support admin only and the team are unable to respond to queries via this email.

Upcoming dates:



- Weds 24th September
- Weds 8th October
- **Weds 22nd October**

Early Support Playgroup

Stay-and-play session for parents, carers and preschoolers with additional needs. Meet others. explore learning through play, receive signposting info and support strategies. Free, no need to book.

Mondays

Weekly at The Avenues Children's Centre, Willow Room, Tang Hall, YO31 0TX 10am to 11:30am

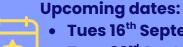


Upcoming dates:

- Mon 15th September
- Mon 22nd September
- Mon 29th September

Tuesdavs

Weekly at Hob Moor Children's Centre, Cherry Room, Acomb, YO24 4RF 10am to 11.30am



- Tues 16th September
- Tues 23rd September
- Tues 30th September

Wednesdays

2nd and 4th Wednesday in term time at SEND Central, Little Stars Playroom, Clifton, YO30 6JA from 9:30am to 11am

Upcoming dates:



- Mon 15th September
- Mon 22nd September
- Mon 29th September

<u>Lauren.Williams@york.gov.uk</u> or <u>Shahenaz.Shaikh@york.gov.uk</u>





