



NEWSLETTER



Connect@pcfYork.co.uk



Join us at our upcoming coffee mornings and events

Parent Carer Voice



Thursday 18th Sept 2025
10:30am-12pm, Clifton Green



On the **third Thursday of every month** we hold a meeting in a private booked space. We offer an opportunity for you to discuss any issues you are having and talk about family life. No judgement, lots of understanding and support in a safe place.

Cuppa and Chat



Monday 6th Oct 2025
7pm-8.30pm, Online



On the **first Monday in every month** we host an online offer for parents and carers who struggle to attend in person meet ups. There is no agenda, just an open invitation to come along, connect with others in our community, share, celebrate, offload or ask questions.

Please email Mary for the meeting link:
connect@pcfYork.co.uk

Parent Carer Wellbeing



Tuesday 7th Oct 2025
10.30am-12.00pm, New Earswick Folk Hall



On the **first Tuesday of every month**, we host a meet up which is focused on keeping it light. This is an opportunity to connect with other parents and carers, have a giggle, share some positives, maybe learn a new craft – and enjoy a cuppa on us!

Parent Carer Signposting



Wednesday 1st Oct 2025
6.30pm – 8pm, Online



On the **first Wednesday in every month**, we offer an online event for parents who are new to the world of SEND. We can signpost to what parents tell us are the most useful resources as a starting point. Bring a cuppa and your questions!

Please email Mary for the meeting link:
connect@pcfYork.co.uk

Listening Events



October 2025
6:30 pm – 7:30 pm, Online



Monthly during term time we host informal listening events with key speakers, on topics and services which are relevant to our community of parent carers. The date of our next Listening Event is to be arranged for October.

Please join our Facebook group to be notified of the dates as soon as they are confirmed.

**JOIN THE PCF YORK
FACEBOOK GROUP**





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Connect@pcfYork.co.uk



Humber and North Yorkshire
Health and Care Partnership



Humber and
North Yorkshire
Integrated Care Board (ICB)

LIVING WELL NEWSLETTER



Scan or click the QR code to read
the latest Living Well Newsletter.



Raise York

Your Family Hub Network

The Raise York website is for parents, carers, children, young people and anyone who works with children, young people and families. It is useful for finding activities, clubs, groups and things to do for children and young people aged 0-25 in York, including those aimed specifically for children with special educational needs and disabilities.

YORK sendiass

Impartial and confidential information,
advice and support for parents, children
and young people.

Visit the [York SENDIASS website](http://www.yorksendiass.org) and follow us
on [Facebook](https://www.facebook.com/yorksendiass).



Register with York Carers Centre
and let the team know how they
can support you.



enquiries@yorkcarerscentre.co.uk



01904 715 490

SEND Central Launch!

Please come along to join us at the
launch of York's new hub for families of
children with Special Educational Needs
and/or Disabilities (SEND).



Saturday 20th September
10am - 12pm



York SEND
Local Offer

SEND CENTRAL



Check out York's new hub for children
and young people with Special Educational
Needs and Disabilities (SEND) and their families.

Pop in for information, advice and more! You do not
need to have an Education Health and Care Plan.



Find us at

SEND CENTRAL, Clifton Children's Centre,
Clifton Green Primary School, Kingsway
North, Clifton, YO30 6JA

Or find out more about support for children
and young people with SEND in York at
www.yorksend.org



Supported by:



Raise York
Your Family Hub Network

Delivered by:



**CITY OF
YORK**
COUNCIL



AccessAble

Your Accessibility Guide





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Autism Support for Parents

Support for parents from the Specialist Teaching Team for Autism.

In-person drop-in support.

No need to book, just come along and meet a Specialist teacher and Specialist TA from the Autism Team. Meet other parents to discuss general issues and concerns, find information and look at useful resources.

In-person sessions take place on Wednesday afternoons, between 1.30pm and 2.30pm, at the YIKS All About Autism Hub, at the Clifton SEND Central Hub, YO30 6BF.

Upcoming dates:



- Weds 17th September
- Weds 24th September
- Weds 1st October

Morning phone line sessions.

To book a 20 minute phone call within the sessions below, please email: parentcarerautismsupport@york.gov.uk with your name and a contact telephone number for us to call you on. Bookings close the Thursday before the session.

Telephone support sessions take place fortnightly between 9am and 12 noon. The booking email address is for telephone support admin only and the team are unable to respond to queries via this email.

Upcoming dates:



- Weds 24th September
- Weds 8th October
- Weds 22nd October

Early Support Playgroup

Stay-and-play session for parents, carers and preschoolers with additional needs. Meet others, explore learning through play, receive signposting info and support strategies. Free, no need to book.

Mondays

Weekly at The Avenues Children's Centre, Willow Room, Tang Hall, YO31 0TX
10am to 11:30am

Upcoming dates:



- Mon 15th September
- Mon 22nd September
- Mon 29th September

Tuesdays

Weekly at Hob Moor Children's Centre, Cherry Room, Acomb, YO24 4RF
10am to 11.30am

Upcoming dates:



- Tues 16th September
- Tues 23rd September
- Tues 30th September

Wednesdays

2nd and 4th Wednesday in term time at SEND Central, Little Stars Playroom, Clifton, YO30 6JA from 9:30am to 11am

Upcoming dates:



- Mon 15th September
- Mon 22nd September
- Mon 29th September

Any queries, contact

Lauren.Williams@york.gov.uk or
Shahenaz.Shaikh@york.gov.uk

