



June
2025

NEWSLETTER

WELCOME

From Ruth Thompson,
our CEO...



Welcome to our June newsletter. What amazing weather we're having and it's great to see so many smiles on our children's faces as they enjoy water play, chilling in the sensory room and just having fun with friends.

We have received some fabulous donations to our appeal and, as such, are able to open our activities in September, which is amazing. Thank you to everyone who has helped this to happen. Your donations and fundraising has been fundamental to this happening.

We also have some fabulous new staff working at YIKs All About Autism and we welcome them and hope they enjoy the clubs and holiday clubs they will be working in. Please make time to say hello to them.

It's another fun packed newsletter. happy reading



THIS MONTH AT YIKS

We have had a very busy month at YIKs as always.

It has been a delight to welcome some new children and young people to all of our clubs this month ... word is spreading!

Our Sibs group enjoyed a fun games night, watching the Greatest Showman and arts & crafts.

Sat Club have enjoyed making Father's Day gifts and fruit kebab making.

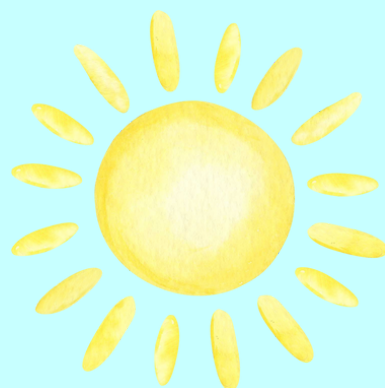
Whilst Post 16 have learned to cook in the air fryer, met with the job centre to see how they support disabled / autistic young people with employment and a little bit of gardening.

Parents have also met with the job centre and our Post 16 group will have an opportunity to visit them in person in the summer holidays.

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All About Autism

in conjunction with the City of York Council



What great fun it has been in this warm weather. Lots of water play, crafting, Lego and den building.

Chilling and relaxing with friends, we love trying new things too at our holiday clubs.

What's your favourite thing to do?



Check out our 'Yiks ausome kids' facebook page for a walk around the hub. You can see what to do on arrival and what to expect in our hub.



Eils O'Brien - YIKs AAA Supervisor

Weekly Clubs

A safe place to make friends and have fun..

Monday
Tuesday
Wednesday
Friday

4-8 years
8-10 years
10-12 years
13-18 years

4.30-6.30pm
4.30-6.30pm
4.30-6.30pm
5.30-7.30pm





Post 16 Group



Our Post 16 group have been working on their independent living skills, met with Claire Kenny, the new SEND Hub Manager and learned some gardening skills



POST 16 ACTIVITIES

All events are held at Clifton Children's Centre, YO30 6JA Thursdays 6.30-8pm
£3pp unless otherwise stated.

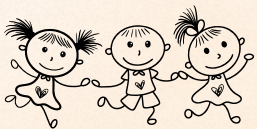
**Thursday 3 July- Indoor green
Bowling at York & District Indoor
Bowls (Acomb) 6.30pm**

Come along and learn how to green bowl. £3.50 to bowl plus cash needed for refreshments

Email events@yiks.co.uk for more information

WHAT'S NEXT?

**3 July- Indoor Bowling
10 July - Karaoke Night
17 July - End of term party
25 July - Mania (Abba tribute)
SOLD OUT
20 Aug - Job Centre visit**



SIBS

CLUB

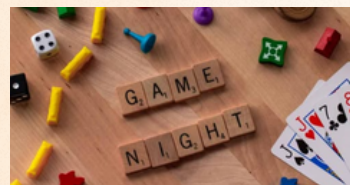
SIBLING ONLY EVENTS



Sibs Group runs fortnightly on a Tuesday evening - 6:30pm - 8pm (term-time only). Siblings aged 8+ only. £3.00 per child (40p per snack)

**Our next group will be held on Tuesday 1 July 2025 - games night
Tuesday 15 July 2025 - Bowling**

Back in September!



We had a great evening at SIBS challenging each other to different games! Who is for a game of air hockey?



SEN 0-5 years drop in

Wednesday 2 July 2025



NEW MONTHLY SESSIONS!!

**1ST WEDNESDAY
TERM TIME ONLY**

**09:30-11AM
CLIFTON CHILDREN'S CENTRE
YORK
YO30 6JA**

**SEN Parent
and
Baby/Toddler
Drop-in**



Our 0-5 years drop ins are free, (donations welcome for tea and coffee) no need to book and a great opportunity to meet other like-minded parents for a cuppa and a chat whilst your little ones play and explore. Here are the dates of our next three sessions:

4th June/2nd July



SATURDAY CLUB



We've had fun this month making fruit kebabs and Father's Day cards. This group is relaxed and there is no requirement for your child to join in the chosen theme. There is also free play, the sensory room and games.

Clifton Children's Centre.

£3 per child

40p a snack

**Free drinks and
teas/coffees for
Parents/Carers.**

Siblings Welcome

What's happening in July?

Sat 5 July - end of term party (last session before the summer holidays)

Spring Into Action - Youth Voice

A chance for your young person to have their voice heard and influence change.

Tues 8 July - Senior (12-25 years)

This month we have been hearing about education and what is important to our young people. They have some very valid points!

Do you like the new logo? This has been designed by the talented Emily Richardson, one of young people and depicts the young people it represents.

Well done Emily!





**Fundraising
EVENT**

**2nd
AUG**

Join us between
10am and 3pm at
Tesco, Clifton Moor, York
Have fun, meet new people
and raise money for YIKs.
Email: fundraising@yiks.co.uk
for further information



Fundraising ...

New skills
Sociable
Fun friendships
inspiring team work
events

REWARDING

YIK

Huge thanks to the Cross
Keys who has again
raised a fantastic amount
of money for us at their
quiz night.



thank
you



Sylhety Lounge

CHARITY NIGHT MONDAY 14TH JULY!
ANY STARTER, ANY MAIN, ANY NAAN OR RICE
JUST £18.95
UPGRADE TO KING PRAWN FOR AN ADDITIONAL £2.50

BOOK NOW (WALK-INS STILL WELCOME)
01904 422233

**York
Inspirational
Kids**

CASH PAYMENT ONLY. ABOVE OFFER CANNOT BE USED
WITH ANY OTHER OFFERS

CURRY NIGHT

Join us for a fun curry night and raffle at
Sylhety Lounge, York
14 July 2025

Please note this is a CASH ONLY event

.... & Breathe



Don't forget to pop along anytime between 9.30-11am to discuss all your SEND needs. Every Thursday term time only.

JUNE



**Parent Lead
Ruth Appleby**

YIKs Peer Mentoring Service

What is Peer Mentoring?

Peer mentoring involves people using their own life experiences to share understanding, and promote improved well-being with others. It's about sharing knowledge, experience and practical help with each other, to improve emotional and mental health, while creating a sense of belonging. Having a child/children with any form of SEND can be lonely, isolating, and leave us feeling like we are losing a little of ourselves. YIKs Peer Mentoring aims to help you change this.

Peer Mentoring at YIKs

At YIKs, we understand that being a parent carer can be a lonely, isolating and overwhelming place at times, which is why we are very excited to be able to expand the level of parent support we can now offer.

Amy and her team of peer mentors are available to meet for 6 sessions and provide signposting, support and a listening ear.

What Next?

If you would like to register for Peer Mentoring then please email ruth.appleby@yiks.co.uk for a registration form. Once completed, return the form to Ruth.

PARENT SUPPORT

PARENT/CARER SUPPORT LINE

We are pleased to launch our confidential telephone support service, available to parents/carers of children with SEND looking for support and signposting.

Monday Mornings 9.30 am-11.30am
Term time only
Slots of up to 20 minutes are available.

To Book a slot please email ruth.appleby@yiks.co.uk with your name and contact telephone number by 5 pm Thursday and you will be sent a time slot for the following Monday.
Slots will be given on a first-come first-serve basis.

Parent/ Carer support

Parent support

Autism Drop-ins



Autism Support for Parents from the Specialist Teaching Team for Autism

Wednesdays Summer 2025



Fortnightly [Topic Talks](#) Wednesdays in Summer Term 2025:

Toileting Tips 30.04.25 - 11a.m. online & 1.30-2.30 p.m. in person

Sleep 14.05.25 - 10-11a.m. online & 1.30-2.30 p.m. in person

Managing Emotions 18.06.25 - 10-11a.m. online & 1.30-2.30 p.m. in person

Help for the Holidays 02.07.25 - 10-11a.m. online & 1.30-2.30 p.m. in person

Parent Group: Topic Talks virtual (a.m.) and repeated in person (p.m.)

Topic Talks led by the Specialist Teaching Team for Autism, including time for questions and peer support.

Virtual: 10-11 a.m. On Microsoft Teams. Due to confidentiality issues, we will be unable to discuss named children during this time.

In Person: 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF.

Fortnightly [Phone line](#) (mornings) and [drop-in](#) (afternoons) Summer 2025:

Wednesday **7th May 2025** 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday **21st May 2025** 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday **11th June 2025** 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday **25th June 2025** 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Wednesday **9th July 2025** 9 a.m. -12 noon & 1.30 - 2.30 p.m.

Parent/Carer Phone Line and Drop-in

The Specialist Teaching Team Autism are offering parents/carers the opportunity to talk to a member of the team regarding general issues and concerns about children/young people with autism.

Phone line support: 9-12 noon 20 minutes is allocated per phone call.

In person drop-in support. 1.30-2.30 p.m. at The YIKS All About Autism Hub, Clifton Children's Centre, (In front of Clifton Green School), YO30 6BF

To book a 20 minute phone line call or to book your virtual place on a Microsoft Teams Topic Talk session, please email your name stating which Topic Talks you would like to book to: parentcarerautismsupport@york.gov.uk For phone support, we require your name and a contact telephone number for us to call you. We will send you a time slot for your 20 minute call. If we receive a high volume of requests we may need to allocate spaces on the session on a first come, first served basis. **This is an admin email address and we are unable to forward or respond to queries via this email. Bookings close the Thursday before the session. For in person drop-in sessions, you do not need to book and you are welcome to simply arrive on the day.** Please be aware, sessions may be busy and you may need to wait to speak to a member of the team.