



# NEWSLETTER

Summer Holiday edition



[Connect@pcfyork.co.uk](mailto:Connect@pcfyork.co.uk)



**Join us in October at our coffee mornings and events**

We offer a **monthly events programme** during term time for parents and carers of children and young people with additional needs in York, with or without a diagnosis.

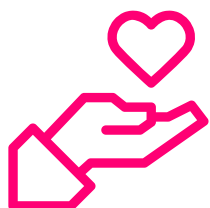
Keep an eye on our [Facebook Group](#) and [website](#) for details of summer holiday meetups!



## CUPPA AND CHAT

Join us at home with your cuppa to connect with others in our parent carer community, to share, celebrate, offload, ask questions and receive support.

- **First Monday in every month**, online from 7:00pm
- Email [connect@pcfyork.co.uk](mailto:connect@pcfyork.co.uk) for the meeting link.



## PARENT CARER WELLBEING

Meet us for some light relief, to have a giggle, share some positives, talk to other parent carers, maybe learn a craft and enjoy a cuppa - on us!

- **First Tuesday in every month**, 10:30am - 12:00pm
- at New Earswick Folk Hall.



## NEW TO SEND SIGNPOSTING

If you are new to the world of SEND or perhaps are new to living in York, join us online to find out what parent carers tell us are the most useful resources.

- **First Wednesday in every month**, online from 6:30pm
- Email [connect@pcfyork.co.uk](mailto:connect@pcfyork.co.uk) for the meeting link.



## PARENT CARER VOICE

Meet other parent carers to discuss any issues you are having, receive support and find understanding in a safe, non-judgemental place.

- **Third Thursday in every month**, 10:30am - 12:00pm
- at Clifton Green Children's Centre.



## LISTENING EVENTS

Join us to find out more about SEND services and updates, hear from key speakers, ask your questions and provide feedback to inform decisions about SEND services in York.

- **Monthly on varying dates**, online from 6.30pm
- Email [connect@pcfyork.co.uk](mailto:connect@pcfyork.co.uk) for the meeting link.

**September event dates will be sent out via email in August.**





# NEWSLETTER



Connect@pcf YORK.co.uk

## School Holidays

### Finding inclusive clubs and activities.

The summer holidays are almost here! We hope that these resources help you in planning ahead for activities, clubs, groups, things to do and days out in and around York.



York Mumbler details all accessible activities throughout the year.

**Click here** to view accessible events and activities during the school summer holidays and all year round.



Activities, clubs, groups and things to do for children and young people aged 0-25 in York, including those aimed specifically for children with special educational needs and disabilities.

**Click here** to search for activities and clubs during the summer holidays.



**Tel: 01904 554444**  
**Email: fis@york.gov.uk**

If you need help finding suitable activities, childcare or holiday clubs, York Family Information Service can assist you.

## Inclusive Activities

### with Accessible Arts and Media



**Wednesday 30<sup>th</sup> July**  
1.30pm-3.30pm  
Clifton Explore Library

#### IMPs Sensory Jam

A fully inclusive holiday activity for young people.  
1-1 iMUSE sessions available

**Thursday 31<sup>st</sup> July**  
10am-12pm  
National Railway Museum

#### Musical Trains

A social for adults with disabilities to explore the sounds of the railway museum

**Wednesday 6<sup>th</sup> August**  
1.30pm-3.30pm  
Clifton Explore Library

#### IMPs Summer Soundscapes

A fully inclusive holiday activity for young people.  
1-1 iMUSE sessions available

**Wednesday 13<sup>th</sup> August**  
10am-12.45pm  
Clifton Explore Library

#### Singing and a Cuppa

A social for all to come together, sing some songs with a cuppa with a packed lunch to finish

**Wednesday 13<sup>th</sup> August**  
1.30pm-3.30pm  
Clifton Explore Library

#### IMPs Alice in Musicals Land

fully inclusive holiday activity for young people.  
1-1 iMUSE sessions available

**Wednesday 20<sup>th</sup> August**  
1.30pm-3.30pm  
Clifton Explore Library

#### IMPs Electronica

A fully inclusive holiday activity for young people.  
1-1 iMUSE sessions available

**Wednesday 27<sup>th</sup> August**  
10am-12pm  
West Bank Park

#### Musical Picnic

A social for adults with disabilities to enjoy some musical games, songs and a picnic to finish

**Wednesday 27<sup>th</sup> August**  
1.30pm-3.30pm  
Clifton Explore Library

#### IMPs Festival Fun

A fully inclusive holiday activity for young people.  
1-1 iMUSE sessions available

Please contact us to **book onto a session** or for more information  
☎ 07547 288786  
✉ projects@aamedia.org.uk  
🌐 www.aamedia.org.uk

## York FIS Newsletter

### Click here to sign up.

York Family Information Service's newsletter is for families with children, from pregnancy up to 19 years old, or 25 years old if the child or young person has special educational needs.

**Subscribe** to receive a fortnightly e-newsletter keeping you up-to-date information on services, groups, activities, parenting, health and more!





# NEWSLETTER



[Connect@pcfYork.co.uk](mailto:Connect@pcfYork.co.uk)

## SENDays at EUREKA!

the national children's museum



- Sunday 20th July with BSL Interpreted Show
- Sunday 7th September

[Click here for Access Info and Booking](#)

## Family Fund

Helping disabled children



Tues 29<sup>th</sup> July  
to Thurs 14<sup>th</sup> August



Three packed weeks of colourful, creative fun!

Join the waiting list for a place:

[www.familyfund.org.uk/dd](http://www.familyfund.org.uk/dd)



Humber and North Yorkshire  
Health and Care Partnership



Humber and  
North Yorkshire  
Integrated Care Board (ICB)

## LIVING WELL NEWSLETTER

Scan or click the QR code to read  
the latest Living Well Newsletter.



## AccessAble

Your Accessibility Guide

AccessAble provides detailed access guides for  
places in York and beyond.

## SEND HUB Launch!



20<sup>th</sup> September 2025

SAVE THE DATE! More details to follow.

## Woodland Workshops with Hope for the Future



## Woodland Workshops

19th & 20th July 2025  
Yorkshire Muddings,  
Buttercrambe Moor Wood, York

- Forest school activities for children and families
- Making a difference together, by co-creating a message to share with decision-makers
- Free refreshments and space to meet other local families

**BOOK HERE**



FREE outdoors event  
for families to explore  
a world of imagination  
and create a fairer  
more sustainable  
future.



## York Self Advocacy Forum - age 16+



Mon 28<sup>th</sup> July, 10am – 12.30pm  
New Earswick Folk Hall

Come along to meet new people, learn  
new skills and have your voice heard!  
At this meeting we will be joined by Ben  
Hutchinson from York CVS, who will talk  
about the new mental health hubs in York.  
**Contact Annabel on 07706 691473**  
[annabel.martin@yorkadvocacy.org.uk](mailto:annabel.martin@yorkadvocacy.org.uk)

