



NEWS LETTER

✉ Connect@pcfYork.co.uk

Coffee Mornings



Monday 24 March 2025

10.30am - 12.00pm

YHA, Clifton

Meet other parents and carers who share your lived experience. Swap tips, offload, get updates or share without judgement. The first hot drink is on us as a thank you for allowing us to use your experience to inform our work with education, health and social care on parent carer voice.

We'll be easy to recognise with the table top sign. All are very welcome but if it's your first time and you would like to meet someone first, email Mary: connect@pcfYork.co.uk



Get Involved

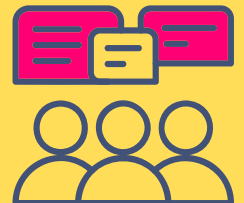
As a Parent Carer Member Representative

PCF York is looking for parent carers who would like to use their experience and expertise to ensure that parent carer voices in York are represented at specific planning meetings. The representative's aims will be to ensure that the forum's views inform meetings and that lived experience of parent carers is fed into decision making.

Meetings may be in person or remote and you will be reimbursed for parking, travel and/or childcare costs.

If you have some time to spare and would like to find out more please email Mary:

connect@pcfYork.co.uk to arrange an informal chat.



Open Forum Event



Thursday 20 March 2025

11am - 13:00pm

New Earswick Folk Hall

Join PCF York for an Open Forum event to hear news of workstreams we have been involved in this year and help us identify our priorities for the future.

A complimentary lunch of sandwiches and scones with cream will be provided.

Tickets available here: **eventbrite**

Book early to secure your place!





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Early Help Short Breaks

Do you have a child or young person who has a disability that affects their access to community activities? You can learn more about the Early Help Short Breaks offer on the [SEND Local Offer page](#). The next round of applications for Early Help Short Breaks opens from Tuesday 1st April to Wednesday 30th April 2025.

Please get in touch with earlyhelpshortbreaks@york.gov.uk for any queries.

Listening Event

YORK **sendiass**



Tuesday 11th March 2025

6:30 pm – 7:30 pm

Online

Please join us online for this informal listening event with York SENDIASS which will cover **Education Health Care Plans, information giving, feedback and a Q and A session.**

Email Mary at connect@pcfYork.co.uk for the meeting link.

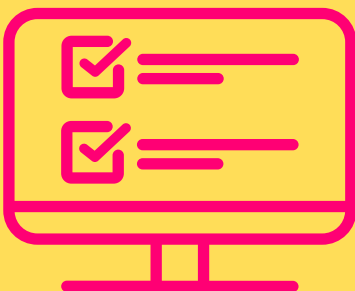
Carers Survey



York and Scarborough
Teaching Hospitals
NHS Foundation Trust

York Scarborough Teaching Hospitals NHS FT are looking for survey participants to help inform their care improvement plan. Please complete the survey by scanning or clicking on the QR code below, or by emailing yhs-tr.patientedi@nhs.net

The survey closes on 11th April 2025.



theatre@41

MONKGATE

Hospital Doors Theatre Performance



12-15 March 2025

Evening and Matinee Performances

[Theatre@41](#)

TICKETS AND INFO HERE.

JOIN THE PCF YORK FACEBOOK GROUP





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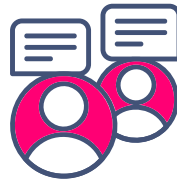
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Celebrating one year of Parent Carer Forum York

Thank you to all our members who have shared their lived experiences throughout our first year. Since May we have heard **408 of your shared experiences** via our events, **17 coffee mornings**, **17 listening events** and of course the PCF York **Annual Conference** and our **training events**.

These shared experiences from you have supported our work on 40 workstreams including preparation for adulthood, learning support hub, CAMHS autism assessment pathway, Early Help Short breaks, SEND hub development. EHCP audits, new therapy offers and supported employment.

Thank you for your support!



PCF York Annual Conference 2025

On the 26th February we welcomed parents and carers in York to our annual conference for a packed agenda which included the topics of Preparation for Adulthood and Access to Health Services, with updates and developments from across services in York.

Thank you to all who joined us. We have received wonderful feedback so far and we are pleased to hear how helpful attendees found the event.

If you have not yet shared your feedback, please email Mary with any comments: connect@pcfYork.co.uk

Parent Carer Voice for Change

York presented with National Honour

We are very pleased to share that our work and strength of voice in driving change has been recognised with an NHS Best Practice Special Honour for outstanding contribution to SEND. Thank you to all our members. We were nominated by Demi Parker, Associated Designated Clinical Officer for SEND North Yorkshire and York, NHS Humber and North Yorkshire Integrated Care Board (ICB).

Some words from our nomination.

"The Parent Carer Voice for Change, driven by the Parent Carer Forum York, working with Local Authorities, and Integrated Care Board has been instrumental in fostering meaningful partnerships across health, education, and local authority services to improve outcomes for young people with special educational needs and disabilities (SEND)"

WORKING TOGETHER
TO MAKE THINGS BETTER

