https://www.parentcarerforumyork.org

December 12th 20

Parent Carer Forum York NEVS LETTER Connect@pcfyork.co.uk

Autism Strategy Consultation

This consultation will inform the city wide strategy and commissioning over the next few years.

Weds 18th December 12:00 - 14:00 Folk Hall, New Earswick

- What needs to change in wider society to make York a better place to be autistic or have ADHD?
- What can we do to improve the assessment and diagnosis journey for autism or ADHD
- What should support for health and wellbeing look like for those that are neurodiverse, whether with a diagnosis or not

In addition there will be a shorter online event for those who are not able to attend the above in person. Online Monday 16th 18:30- 19:30. Email connect@pcfyork.co.uk for a joining link



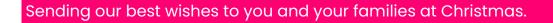
Use the Raise York website to find accessible activities this Christmas holidays https://www.raiseyork.co. uk/directories? categoryId=5

York Mumbler details all accessible activities throughout the year and send activities at Christmas <u>https://york.mumbler.co.u</u> <u>k/kids/accessible-</u> <u>information-for-families-</u> <u>in-york/</u>

Wednesday, January 15, 2025	9.00 - 12.00	Parent & Carer telephone support	Telephone	telephone advice and support	email parentcarerautis msupport@york. gov.uk
Wednesday, January 15, 2025	1.30 - 2:30 pm	Parent & Carer drop-in session	In person at YIKS Autism Hub, Clifton Children's Centre	Advice and support from the Autism Team	No need to book
Wednesday, January 22, 2025	10.00 - 11.00 am	Parent & Carer Workshop 'Comic Strip Conversations'	Online - Microsoft Teams	Topic discussions	email parentcarerautis msupport@york. gov.uk
Wednesday, January 22, 2025	1.30 - 2.30 pm	Parent & Carer Workshop 'Comic Strip Conversations'	In person at YIKS Autism Hub, Clifton Children's Centre	Topic discussions	No need to book
Wednesday, January 29, 2025	9.00 - 12.00	Parent & Carer telephone support	Telephone	telephone advice and support	email parentcarerautis msupport@york. gov.uk
Wednesday, January 29, 2025	1.30 - 2:30 pm	Parent & Carer drop-in session	In person at YIKS Autism Hub, Clifton Children's Centre	Advice and support from the Autism Team	No need to book

Specialist Teaching Team, ASC dates for January





Next edition January 16th

Parent Carer Forum York

Planning 2025 with PCF

Planning with the PCF

We love seeing you at our events and hearing about your lived experiences which inform our in our regular meetings with senior staff and decision makers at City of York and NHS.

12th Decembe

In order to make planning your engagement simpler we aim to replicate the offer below EVERY week of term time.

Coffee Meet Ups:

1st Tuesday in every month 10:30 am, Folk Hall, New Earswick 3rd Thursday in every month 10:30 am, Explore York, Acomb (except November) Last Monday in every month 10:30 am, Youth Hostel ,Water End Clifton

Listening Events: (6:30)

2nd Tuesday in every month Listening Event 4th Wednesday in every month Listening event

Remote Meet Up (no agenda): 4th Monday in every month remote Meet Up. 6:30 pm

For listening events and online meetups email <u>connect@pcfyork.co.uk</u> and you will be sent a joining link

Welcome to SENDIASS new manager

Hello, my name is Melanie Leighton and I have just started work as the York SENDIASS manager. I am beginning to meet some local groups and services across York and want to thank everyone for their warm welcome. I was working within a different SENDIASS service for nearly 9 years prior to accepting this post. I have a lot to learn about York itself and the new systems in place. I am also very interested to hear what parent carers would like from our service and whether we can manage to offer some new things from these discussions in 2025.

I am really looking forward to meeting you and I have been invited to join some of the Listening events, so please look out for the dates in the New Year and come and join us in these sessions.

With best wishes for the coming year, Melanie

<u>https://contact.org.uk/help-for-families/listening-ear/#h-book-an-appointment</u> Listening Ear is a service which is for anyone feeling overwhelmed and needing to talk to someone about their situation