



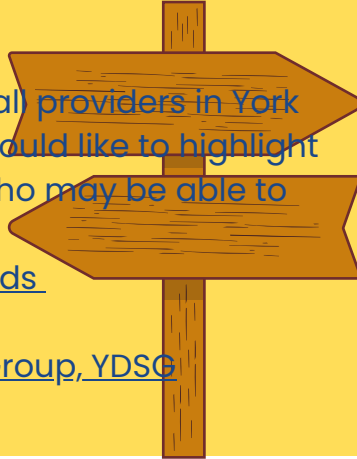
NEWS LETTER

✉ Connect@pcfYork.co.uk

Signposts

The Local offer details all providers in York but in this edition we would like to highlight the following groups who may be able to support you

- [York Inspirational Kids](#)
- [Autism Arena](#)
- [Downs Syndrome Group, YDSG](#)
- [Menfulness](#)



Carers Rights Day

We are pleased to be joining with York Carers at this event. Please pop in for coffee and cake.

This is a chance to connect with our staff and legal, financial, and social care professionals who will be available to offer guidance and answer any questions about your rights and entitlements.

Topics we'll cover include:

- Lasting Powers of Attorney, Wills, and Trusts
- Independent Financial Advice
- Welfare Benefits
- Paying for Care
- Social Care
- Carers' Assessments of Need
- Balancing Work and Caring Responsibilities
- Support and Information for Parent Carers
- Resources and Advice for Young Adult Carers

carersUK
Carers Rights Day 2024
 Join us for tea and cake at our
Carers Information & Advice drop-in
Thursday 21 November,
10 - 2 pm
Friends Meeting House,
Friargate, York YO1 9RL

No need to book - just come along and speak to us
 Any questions? Call 01904 715 490 or email
events@yorkcarerscentre.co.uk

York Carers Centre
 Free Support for Unpaid Carers

Listening Event, SEND employment

Would you like to find out more about SEND employment? Have you got a question in this area or an experience you would like to share. Join us online Weds 27th November at 6:30 to meet other parents and professionals. Email connect@pcfYork.co.uk for a link



NEWS LETTER

Coffee Morning

Come for a chat over coffee (on us) with other parents who share our experiences.

Monday 25th November 10:30 York

Youth Hostel, Water End

Tuesday 3rd December 10:30, Folk Hall

New Earswick



Cuppa and Chat

Sometimes its hard to make coffee mornings and chat with other parents who have lived experience like you.

Our online cuppa and chat is an opportunity to meet up from your own home, bring a cuppa, glass , chocolate whatever and use this time to meet others. No agenda.

Email connect@pcf YORK.CO.UK for a joining link

Friday 29th November at 7:00 pm

Our Voice Makes a Difference

In the last sixth months we have hosted 42 events in which we have listened to 224 shared experiences. These events include coffee mornings in cafe's, schools or online listening events

We have used these events to gather your priorities, some of which are listed below with detail on what has been done as a result of our shared voice:

Preparation for Adulthood resulting in the rewriting and revisiting of policy and provision in this area

Mental health and Neurodivergence leading to an offer of termly Listening Events with parents, regular meetings with PCF and CAMHS and increased parent voice informing delivery

Short breaks CYC commitment to including parent voice in the upcoming review

Timeliness of EHCP and Annual Reviews. CYC has instigated a regular and robust audit process and action plan

Access to Health Services. Working with NHS and York Carers to develop information about carers needs into all GP surgeries. Representation on a working group with York District Hospital. Representing your voice to the ICB to support commissioning decisions.

Children struggling to attend school. CYC have produced a useful document graduated response to attendance

Support for children without EHCPs: PCF meets regularly to discuss the learning support hub outcomes. The ordinarily available provision document was produced with the help of parents and carers.

Access to OT sensory support. Offered training , working with NHS to produce bite size sensory resources