

Researchers at the University of York in partnership with Mentally Fit York would like to hear from you about **your experiences of mental health support services** in and around York.

We have created an **anonymous survey** to gather your views. This survey should take 15-30 minutes to complete.

At the end of the survey, you will also have the opportunity to register your interest to take part in a follow-up interview. Interview participants will receive a £20 Amazon voucher as a thank you.





Survey Link (Web)



Thanks in advance for your time, and we look forward to hearing from you!

Need more information?

Please contact either: Laura Fox (Project Lead) laura.fox@york.ac.uk or Astrid Bowen (Research Associate) astrid.bowen@york.ac.uk