

DUNNINGTON CE PRIMARY SCHOOL



FOOD POLICY

Date of Policy:	March 2023
Date of Review:	March 2026
Member(s) of staff responsible:	Caroline Hancy
Governor(s) responsible:	Finance and Resources Committee
Signature of Chair of Governors:	
Date:	March 2023



*Growing and learning together and aiming to be the best that we can be,
in an environment based on Christian values.*

Food Policy

Background information on provision of food and drink within the whole school day.

Dunnington C.E. Primary school is a co-educational school for children aged 4-11 years of age. The schools ethnic and cultural mix is predominantly White British. The majority of the children come from middle class homes. We have 5.39% on the S.E.N. register and 5.88 % of the school's population receive Pupil Premium.

On average 140 out of 204 children partake in school meals each week.

Water bottles are allowed and actively encouraged in all classrooms. Water purification machines are installed around the school. There are no vending machines in the school. Free fruit is available to the Key Stage One and Foundation Stage children daily.

The school hall doubles as the dining area and changes have been made to the systems and environment at lunchtime to make the dining experience more pleasurable for all.

Food Technology is taught throughout the school, both in line with the National Curriculum.

Roles and Responsibilities

Governors

As part of their general responsibilities for management of the school, the governors have played a key role in the development of the school's policy for food. They will continue their involvement through regular evaluation of it and through offering ideas and responses in line with issues raised from the children, staff and parents as they are questioned.

Senior Leadership Team

The head teacher and members of the Senior Leadership Team take overall responsibility for this policy and its implementation and also for liaison with the governing body, parents, trustees, LEA and appropriate outside agencies.

Parents

Parents are encouraged to support the healthy provision of food within the school programme and have access to this policy. The school plays its part in ensuring that parents are kept up to date in developments regarding healthy food provision. Parents' ideas and views are sought through surveys and the Parents' School Improvement Panel.

Pupils

Pupils have an entitlement to healthy food. They will be actively consulted about the food provision within the school and their views will be central to developing that healthy provision. The school council regularly debates school dinners and the dining environment. Children's views have also been sought on changes to the menu and



*Growing and learning together and aiming to be the best that we can be,
in an environment based on Christian values.*

Food Policy

questions have been asked as to further changes they would like to see. This is part of an ongoing process.

Staff

All staff, both teaching and non-teaching, should be aware of the policy and how it relates to them. Any staff involved in practical food education should have opportunities for relevant training including diet, nutrition, food safety and hygiene. Staff's views on school meals, other food and dining related issues are welcomed and actively sought.

Dietary Requirements

Food will be provided for all pupils with consideration of any particular dietary requirements and specific needs relating to culture and/or diversity. This extends to our school being a nut free zone due to the severity of some pupils' allergies and for other children being closely supervised in their choice of foods. (See Allergens Policy)

Aims and objectives of the policy

This school actively supports healthy eating and drinking throughout the school day, ensuring that all aspects of food and nutrition in school promote the health and wellbeing of pupils, staff and visitors to our school. The school is committed to embracing national initiatives that are food related and identifying how these may be implemented within the school.

The main objectives of our Food policy are:

- To have a planned curriculum to ensure information relating to food and nutrition in different lesson areas is consistent and up-to-date
- To promote healthy eating and drinking messages through assemblies, visits from health care professionals and through whole school topic work.
- To ensure that the teachers with responsibility for food have basic food hygiene training.
- To look at food and drink and the abstention of them as part of cultural, religious or medical conditions and respect those views.

Teaching programme and strategies

Food Education (healthy eating) is delivered by whole class or group situations, using a variety of teaching and learning strategies. Providing pupils with the opportunities to learn

about different types of food in the context of a balanced diet (using the balance of good health) and how to plan, budget, prepare and cook meals, understanding the need to avoid the consumption of foods high in salt, sugar and fat and increase the consumption of fruit and vegetables.

It is also taught within other curriculum areas e.g. Science, RE, National Health Events as outlined above.



*Growing and learning together and aiming to be the best that we can be,
in an environment based on Christian values.*

Food Policy

Teaching programmes enhance the pupils' knowledge and understanding of food and healthy lifestyle issues by diagnostic and other simple assessments.

Sweets and Treats in School

Some parents would rather their children didn't eat sweets and treats. It can also be quite time-consuming and difficult for teaching staff to determine which sweets children can have when they have food intolerances/allergies. **We therefore request that children and staff do not bring treats into school to share.**

Use of Visitors

Where visitors and outside agencies are involved, their contribution must have been planned as part of an overall programme of food and healthy lifestyles education, ensuring that all visitors use current dietary thinking and good practice as the basis for their input i.e. the balance of good health. It is the schools responsibility to ensure that all relevant visitors are made aware of the school's Food Policy.

Implementation of the policy

A copy of this policy is available for any member of staff to refer to and a copy is provided to the governing body. Reference copies are available from the Head Teacher for all other persons who come into contact with the pupils. A copy of this policy (or relevant extracts) are published on the school website and in the School Prospectus and Staff Handbook.

Monitoring and evaluating the policy

This policy will be reviewed every three years by the governing body. This will include evaluation of teaching and learning activities, staff training and the use (if any) of outside visitors and the monitoring of pupils menus and food choices to inform policy development and provision.